


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>Spartan Football</div>  <div>AUGUST 2022</div> </div> <p>“One TEAM, One Fight!”</p>						
	1 11-12:00 TEAM Mtg in PAC 12-1:00 Sr/Jr Equip Issue EAT 1-2:00 So/Fr Equipm Issue 2:15-4:15 Spartan Olympics 4:15-4:45 TEAM Mtg [O/D Install] 5-6:30 (On field) 6:30-7:00 (Break) EAT 7-8:30 (On field)	2 <u>Practice 1 Fresh/JV/Varsity</u> 11-12:00 TEAM Mtg in PAC [Rules, Marks 1 and 2] 12-1:00 Sr/Jr Equip Issue EAT 1-2:00 So/Fr Equipm Issue 2:15-4:15 Spartan Olympics 4:15-4:45 TEAM Mtg [O/D Install] 5-6:30 (On field) 6:30-7:00 (Break) EAT 7-8:30 (On field)	3 <u>Practice 2</u> 3:00 EAT 3:15 TEAM Mtg in PAC: Mark 3 / O & D Install 4:00-4:30 Varsity Film / JV Lift 4:45-6:15 (on field) 6:15-6:30 EAT 6:30-8 (on field) [Fr Lift]	4 <u>Practice 3</u> 11:45 EAT 12:00-4:5 TEAM Mtg in PAC: Mark 4 / O & D Install 1:00-2:30 (on field) 2:30-3:00 (break) 3:00-4:30 (on field) 4:45-5:00 EAT 5:00-5:30 Varsity Lift / JV-Fr Film 5:45-7:15 [Ball Sec/Field Pos/TEAM] 7:30-9:00 (on field)	5 <u>Practice 4</u> 3:00 EAT 3:15 TEAM Mtg in PAC: Mark 5 / O & D Install 4:00-4:30 Varsity Film / JV Lift 4:45-6:15 (on field) 6:15-6:30 EAT 6:30-8 (on field)	6 <u>Practice 5</u> JV/Varsity Practice 8-9:30 NO FRESHMEN Practice 7th and 8th Day 1 Freshmen Coaches w/ 7th/8th Grade SYFL 9:30-10:30 Circuit -Jersey fitting 10:30-11:00 -Equipment 11-12
	7 8 [10:30am Sr banner pics] <u>Practice 6</u> 11:45 EAT 12-12:45 TEAM Mtg in PAC [Mark 6] 1:00-2:30 (On field - Helmet) 2:30-3:00 (Break) 3:00-4:30 (On field - Helmet) 4:30-5:00 EAT 5-5:30 Varsity Lift/JV-Ind Photos 5:30 Varsity Ind Photos/TEAM Photo 7:00 TEAM Pre game 7:30-9pm Intra Squad	9 <u>Practice 7</u> 3:00 EAT 3:15 TEAM Mtg in PAC: Mark 7 / O & D Install 4:00-4:30 Varsity Film / JV Lift 4:45-6:15 (on field) 6:15-6:30 EAT 6:30-8:00 (on field)	10 <u>Practice 8</u> 11:45 EAT 12:00 TEAM Mtg in PAC: Mark 8 / O & D Install 1:00-2:30 (on field) 2:30-3:00 (break) 3:00-4:30 (on field) 4:45-5:00 EAT 5:00-5:30 Varsity Lift / JV Lift 6:00-7:30 (on field) 8:00-10:00 TEAM Night Pizzas	11 <u>Practice 9</u> 3:00 EAT 3:15 TEAM Mtg in PAC: Mark 9 / O & D Install 4:00-4:30 Varsity Film / JV Lift 4:45-6:15 (on field) 6:15-6:30 EAT 6:30-8:00 (on field)	12 7:30 Breakfast 8am Team Mtg in PAC - Mark 10 8:30 Grab Lunches 8:45 Departure to RICE LAKE 12:00-3:00 JV/Varsity Scrimmage Fresh practice & PICS Time-TBD	13 SYFL No Practice
	14 6pm Staff Mtg 15 2:45-3:15 Varsity Film 2:30 Eat 3:20 Varsity Lift / JV Film <u>Practice 10</u> 4:00-6:00 6:00 Eat Freshmen Scrimmage at NW 10am	16 2:45-3:15 JV Film 2:30 Eat 3:20 Varsity Film / JV Lift <u>Practice 11</u> 4:00-6:00 6:00 Eat	17 2:45-3:15 Varsity Film 2:30 Eat 3:20 Varsity Lift / JV Film <u>Practice 12</u> 4:00-6:00 6:00 Eat	18 2:45-3:15 JV Film 2:30 Eat 3:20 Varsity Film / JV Lift <u>Practice 13</u> 4:00-6:00 TEAM DINNER 6:15pm	19 Get coolers in a.m. before departing at Wausau West 7pm	20 SYFL
	21 6pm Staff Mtg 22 2:45-3:15 Varsity Film 2:30 Eat 3:20 Varsity Lift / FR Film <u>Practice 14</u> 4:00-6:00 6:00 Eat JV Game vs Wausau West 6pm (Home)	23 2:45-3:15 JV Film 2:30 Eat 3:20 Varsity Film / JV Lift <u>Practice 15</u> 4:00-6:00 6:00 Eat	24 2:45-3:15 Varsity Film 2:30 Eat 3:20 Varsity Lift / JV Film <u>Practice 16</u> 4:00-6:00 6:00 Eat	25 2:45-3:15 JV Film 2:30 Eat 3:20 Varsity Film / JV Lift <u>Practice 17</u> 4:00-6:00 TEAM DINNER 6:15pm	26 3:15 TEAM eat in Commons Rice Lake (Home) 7pm Freshmen Game v R Lake 4:15 (Home)	27 SYFL
	28 6pm Staff Mtg 29 2:45 Varsity Film 2:30 Eat 3:20 Varsity Lift / FR Film <u>Practice 18</u> 4:00-6:00 6:00 Eat JV Game at Northwestern 6:45pm	30 2:45 JV Film 2:30 Eat 3:20 Varsity Film / JV Lift <u>Practice 19</u> 4:00-6:00 6:00 Eat	31 2:45 Varsity Film 2:30 Eat 3:20 Varsity Lift / JV Film <u>Practice 20</u> 4:00-6:00 6:00 Eat	Sept 1 2:45-3:15 JV Film 2:30 Eat 3:15 Varsity Film / JV Lift <u>Practice 21</u> 4:00-6:00 TEAM DINNER 6:15pm	Sept 2	Sept 3 No SYFL (Labor Day weekend)

Practices on Baseball Field: August: 15, 17, 22, 24, 25, 29, 30

September: 6, 7, 12, 14, 15, 19, 20, 26, 28, 29

October: 3, 4, 6, 11, 12, 17 [Sat. Sept 17 - SYFL - no FB field; Oct 8 off by 11:00am!]