Sunday, January 15, 2023

NEWS TODAY

Confidence is Building!!!

Issue #3

Coach Odie

North St Paul Tourney Going 2-3

I can't believe how well we did when we had 7 starters out of the lineup. We also typically forfeit 2 weight classes as well. With all of this going on, the Aggie wrestling team pushed forward and did very well. The last edition, I said something about JV tough. Well, I proved my point when I had to move up 7 JV wrestlers to compete on the varsity level.

First round was against North St Paul. We won that dual, 44 to 30. What a great way to start the day. Getting pins for the Aggies was Phillip Graner, Henry Misenor, Ryan McLaughlin, Jacob McLaughlin, and Charlie Witzel. The fastest pin was by Jacob McLaughlin at 36 seconds. Others getting a win was Sam Hunt with a tech fall (18-2) and Nick Jurek decision (11-4). This is when I noticed that the energy of the wrestlers was high, and skills were starting to elevate.

Second round was against Minneapolis Roosevelt. Another surprising result from the Aggie wrestlers. Aggies won 54 to 30. Getting pins for the Aggies was Phillip Graner, William Kuwata, Sam Hunt, Anthony Petruconis, Ryan McLaughlin, Jacob McLaughlin, Charlie Witzel, and Sam Clyde. Getting the fastest pin was Sam Clyde in 29 seconds. Getting there first varsity win was (Continue on the next page)



Anthony Petruconis getting his first varsity win which was a pin. (Photo: Eileen Dobie)



Johnny Cumming working his way back from his injury. Starting to get back to wrestling shape. (Photo: Eileen Dobie)

Coach Odie

Cannon Falls Tournament

Placing 8th out of 16 teams.

Cannon Falls is the only Individual tournament on the schedule except for sections. This tournament has a lot of great teams. Some of the top teams that were in the tournament was Cannon Falls, Rosemount, Ellsworth WI, Woodbury, Rochester Century, Rochester John Marshal, and Byron. With all these bigger schools in the tournament, placing 8th was the best that the Aggies wrestlers have done at the Cannon Falls tournament.

Here are some of the highlights in the tournament on the varsity side. We had 5 wrestlers placing in the top 6 at the tournament. We had Ryan McLaughlin placing 3rd, Jacob McLaughlin placing 6th, Charlie Witzel placing 4th, Sam Clyde placing 4th, and Daniel Romero placing 4th. We finished higher than a team that beat us earlier in the year. Rochester Century beat us earlier in the year and we came back and

scored higher than them in the team potion of the tournament. We just about beat St Charles too. Going into the last round, we were ahead of them and they pulled it out at the end to place just in front of us. Daniel Romero got his 50th career pins at the tournament. He also achieved getting 100 varsity wins at the tournament.

The JV side of the tournament was great too. We had some boys that performed way better than I would have ever thought of. Everyone was placed in a 4 man round robin and they got to wrestle 3 times except for 1 individual. We had 1 wrestler that placed 1st with pinning all 3 of his guys. That is Ryan Lancette. We had 4 wrestlers that went 2-1 and placed 2nd at the tournament. They are Henry Misenor, William Kuwata, Gabe Ziernicki, and Kevin Le. We had 1 3nd place winner, Anthony Petruconis, and 3 4th place winner, Theo Loehr, Vincent Jurek, and Daniel Boeser.

Falls in a Season

#1 at 22 and #3 at 20

Will they reach it?

- Jacob McLaughlin is at 17
- Charlie Witzel is at 16

Wins in a Season

#1 at 48 and #3 at 37

Will they reach it?

- Jacob McLaughlin is at 20
- Charlie Witzel is at 17

Career Falls

#1 at 69 and #5 at 46

Will they reach it?

• Ryan McLaughlin is at 43

Coach Odie

Continue of North St Paul Tournament

Surprising day of wrestling

William Kuwata and Anthony Petruconis. The team was jumping all over the place when these two won their matches by pins. Then, when Sam Clyde came out and pinned his guy super quick. That made the day for the Aggie wrestlers. This match for Ryan McLaughlin was a great one for him. He beat a state entrant from last year. Big confidence builder.

Then the third round was against Ogilvie. This was a tough round, but we knew that we were going against a tougher team. We lost 24-60. Getting the pins for the Aggies were Ryan McLaughlin, Jacob McLaughlin, Nick Jurek, and Charlie Witzel. Getting the fastest pin was Charlie Witzel in 15 seconds. I did see some good things in this dual that when we see them in January, things are going to change.

Round 4 was against St Charles. Another tough round but I believed we could do better against them then we did with Ogilvie. We lost 27-42 but there were a lot of great matches. Getting the pins for the Aggies was Phillip Graner, Ryan McLaughlin, Charlie Witzel, and Kevin Le. Getting the fastest pin was Kevin Le in 37 seconds. This was Kevin Le first varsity win as well. I am looking forward to seeing what Kevin Le can do for the Aggie wrestling in the future. Receiving a forfeit was Nick Jurek.

The last round was pretty rough on the Aggie wrestlers. I could tell that they were pretty tired, but we have to learn to push our way through that. We wrestled Centennial and we lost. The score was 15-59. We only won 3 matches against them. Phillip Graner won by a decision, 6-2.

The other 2 wins came from the McLaughlin brothers. Both pinned their guy. This was when Ryan beat another state entrant and the coach from Centennial said something about it.

Super proud of the day they had. There were a lot of first happening.



Daniel Boeser working a cradle to pin his St Paul North opponent. (Photo: Eileen Dobie)



There was no camera at Highland Park but this was a great shot of Anthony Petruconis running his feet on a double leg takedown against North St Paul. (Photo: Eileen Dobie)

Coach Odie

Highlights at Highland Park

Highland Park Tri Going 2-0

What a great night of wrestling when we went over to Highland Park to wrestle. I always like getting a revenge win from last year team dual lost against Highland Park. This year was a different story. We beat Highland Park 42-36. There was some great wrestling that happened that night. Getting pins for the Aggie wrestling team was Phillip Graner, Ryan McLaughlin, Jacob McLaughlin, Charlie Witzel, Sam Clyde, and Daniel Romero.

Getting some important decisions was Sean Brennan 10-7 and Nick Jurek 8-4. Getting the pins for JV was Henry Misenor, William Kuwata, Anthony Petruconis, Ryan Lancette, Daniel Boeser, and Gabe Ziernicki. Lots of solid moves to win the matches.

Then we wrestle Tartan. We wrestled great against them. Varsity won 66-12. There were a quite of few forfeits this

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Continue Highland Park

Strong showing

evening. Getting the pins for the Aggies were Joseph Pepin, Jacob McLaughlin, Nick Jurek, Charlie Witzel, and Daniel Romero. Joseph Cummings had a good match going when he got caught and pinned. JV did well against them too. Getting pins for the JV team was Ryan Lancette, Gabe Ziernicki, and Kevin Le.

What I like most about this evening was that the boys bought into what Coach Peter and I have been teaching. Lots of the moves that we were working on, they did and did very well. We are starting to find out our identity as a team!



There was no camera at Highland Park but this was a day that when Ryan McLaughlin beat 2 state entrance. He is off to a great season. (Photo: Eileen Dobie)

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Coach Odie

Big School Competition

Lakeville South Quad going 1-2



Joseph Cummings was in a great shot against his Rosemount opponent. (Photo: Eileen Dobie)

The night started off against South St Paul. It wasn't good from the start. We were shocked at being at Lakeville South that we forgot to wrestle. We lost 18-60. We got 3 pins and they were from Ryan McLaughlin, Nick Jurek, and Charlie Witzel. Nick pinned his guy in about 9 seconds. It was quick.

The second round was against a very tough Eastview. They have multiple wrestlers

ranked in state. We finally woke up and wrestled but lost 24-57. We got 4 pins during this meet. They were from Sean Brennan, Sam Hunt, Joseph Cummings, and Jacob McLaughlin. The highlight, Joseph Cummings came off of the mat and was very excited about pinning his guy with the reverse arm bar. Sam Hunt got the fastest pin and that was in 37 seconds.

Third round was against Lakeville South. This was another great dual and great performance. The boys pulled it together and came out with a win. We won 47-26. Getting the pins for the Aggies were Martin Nguyen, Jacob McLaughlin, Charlie Witzel, Sam Clyde, and Daniel Romero. Getting a tech fall was Joseph Cummings. The highlight of the match was Sam Clyde. His pin put the match away and when he came off of the mat, he was pumped.

Burnsville Tri

First round was a tough round. After talking with the coach, he said that we never gave up. I thought that we came out scared. We lost 12-65. Getting the 2 pins were Jacob McLaughlin and Charlie Witzel. We had 2 JV wins too, they were Henry Misenor (Pin) and Sam Hunt (6-0). With this

Coach Odie

Burnsville continued

dual, we figured out that we can wrestle with the big schools IF we keep our heads.

Second round was against Burnsville. This was a great match. We were tied after 220, 36 to 36. We lost 42-36 because we didn't have a 285. Getting pins for the Aggies was Martin Nguyen, Johnny Cummings, Joseph Cummings, Jacob McLaughlin, and Daniel Romero. Getting JV wins was Henry Misenor (pin) and Gabe Ziernicki (pin). Getting the fastest pin was Johnny Cummings with 17 seconds. What a night of competition.



Jacob McLaughlin putting the finishing touches on his Burnsville opponent. (Photo: Eileen Dobie)



Daniel Romero getting his 50th pin (left against Woodbury). Daniel Romero is getting his 100th varsity win (Right side against Rosemount). Congrats on all the work to get here. (Photo: Fileen Dobie)

Coach Odie

Daniel Romero Getting 100 wins / 50 pins

Getting the 100th win was very exciting!

Daniel Romero got his 100th varsity win in a great fashion. He was facing a wrestler from Rosemount which he has lost to him 2 nights before the Cannon Falls Individual tournament. We wrestled against him at Burnsville and lost to him 6-4. It was a very close match and Daniel lost his balance a couple of times on top and got reversed. This cost him the match and we were hoping for a revenge match at Cannon Falls. Well, we got the revenge match and he wrestled well. It was tied up 4-4 with about 20 seconds left of the match. Daniel Romero was on the bottom and working toward a reversal. With about 10 seconds

left on the match, he pushed off the elbow that was around his head and got the 2 reversal points. This means he was ahead 6-4 with short time left. He rode him out winning the match 6-4. What a great way to get his 100th victory.

For the 50th pin, he was wrestling a Woodbury kid and did his usual stuff. Daniel was very dominate on his feet and took his opponent down. He worked for wrist control and did a half nelson to pin his guy.