

PHS GIRLS SOFTBALL Guidelines & Expectations

- I. Coaching Staff
Marissa Soprano, marissasoprano@princetonk12.org
Dave Kosa, davidkosa@princetonk12.org
Gia Lloyd, giavannalloyd@princetonk12.org
- II. Communication
 - a. Remind for players/parents – sign up to receive emails and/or texts messages
 - b. PowerSchool page for players and parents
- III. Attendance Policy
 - a. Attendance at all team events is mandatory, a player must notify Coach Soprano, Coach Kosa or Coach Gia in advance if unable to attend for the following excused reasons:
 - i. Medical emergency, family obligation, religious observation, academics
- IV. Playing Time
 - a. Varsity – Goal of the team is competitive success, the players that give us the best chance to win and are deserving to play will be given the majority of playing time. When appropriate, other players will be rewarded. Performance, attitude, understanding and behavior in practice are key indicators.
 - i. If a player has an unexcused absence prior to a game day, they are ineligible to play the next day.
 - b. Junior Varsity – Goal is to develop players. Players will earn the right to play and coaches will coach to win games. Every opportunity will be made to give all players time in suitable conditions.
 - c. Please note that some of the players may see playing time at both the JV and Varsity level.
- V. Games/Practice Expectations
 - a. Be prepared and on time
 - b. Bring water
 - c. Give your best effort
 - d. No cell phone use during practices or games
 - e. Players are expected to be with the team during games
- VI. Conflicts
 - a. Players are encouraged to speak to coaching staff about disagreements, problems on the team, playing time or role on the team. Parents are encouraged to speak to staff at the appropriate time. Appropriate time is more than 24 hours before or after a contest and after a player has spoken to the staff.
 - b. Appropriate concerns for a parent to discuss with the coaches are: mental and physical treatment of your child, ways to help your child improve, concerns about your child's behavior.
- VII. Sportsmanship.
 - a. This is a high priority. Sportsmanship is to be extended to opponents, officials and other spectators. Players who are unable to exhibit proper sportsmanship will be

removed from games. We emphasize performance benefits. Parents are expected to be role models.

VIII. Spring Break

- a. It is really important for the girls to be available during Spring Break.
- b. It often falls during the regular season

IX. Locker Room Security

- a. Players are allowed to keep their bags and equipment in the team room. There are lockers in there for the girls, but they do not have locks on them. The girls may be issued a lock through the Athletics department.
- b. Players are responsible for keeping locker room clean. If it is not kept clean, the team may not be given the room in the future.
- c. Hazing and Bullying will not be tolerated.

X. Equipment/Uniforms

- a. Jerseys and black softball pants will be provided (pants as needed)
- b. Player will be issued a pair of black socks, they may want to buy another pair
- c. Required Equipment:
 - i. Glove
 - ii. Cleats
- d. Suggested equipment
 - i. Bat
 - ii. Helmet
 - iii. Face mask or mouth guard, especially for infielder

XI. Game Schedule

- a. The regular season begins April 1st
- b. Varsity games are usually scheduled for Monday, Wednesday, Fridays. There are usually a few games scheduled for Saturdays as well.
 - i. Tuesdays and Thursdays are for non-conference games and/or makeup games (due to rain outs)
- c. The JV schedule follows the Varsity schedule. However, the number of games played is contingent on the schools in our conference having JV programs.
- d. The last home game of the season is Senior Day, where the graduating members of the team are celebrated.