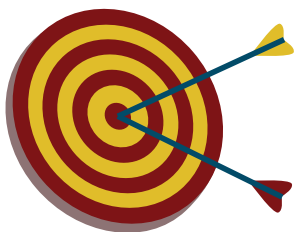




Introduction to Ponderosa Sports Medicine Program

FOR PARENTS



MY FOCUS

- The health and safety of all Ponderosa athletes is my priority.
- I am contracted by the school district to ensure all athletes are completing safely.
- we have an all-inclusive athletic training room-**All** athletes are welcome.
- Services are entirely rendered based on arrival
FIRST COME, FIRST SERVED.



PROACTIVE

- My door is **ALWAYS** open to ALL Ponderosa athletes.
- Your son or daughter is encouraged to come see me when they have aches and pains associated with sports.



Healthcare Provider Referrals

- Parents are 100% in charge of their athlete's healthcare. I completely respect that. I just ask that they keep me in the loop, so I can update coaches, etc.
- If at any point a parent feels that their athlete requires evaluation or treatment from an outside provider, school district policy **REQUIRES** that a status note (fax or email is acceptable) be placed in their athletic file.

NOTES MUST COME TO THE ATHLETIC TRAINER AND NOT THE COACH

- Per District Policy... A healthcare provider may release the student-athlete from his/her care, but the athletic trainer, as the contracted medical professional representative of Douglas County School District will make the final determination on return to play status



OPEN COMMUNICATION

- I am very honest with athletes, parents, coaches and physicians, and am **ALWAYS** available if you have any questions, comments or concerns regarding anything about your son or daughter's athletic healthcare

Chris Mathewson, Head Athletic Trainer

cmathewson@dcsdk12.org • 720-233-3233

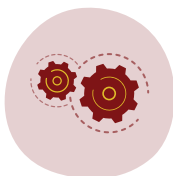
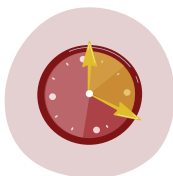
FOR PARENTS

STUDENT-ATHLETES' EXPECTATIONS FOR INTERACTIONS WITH ATHLETIC TRAINERS



- Student-athletes have the right to confidentiality and modesty during evaluation and treatment.
- Student-athletes have the right to have a parent/guardian or an adult of the same sex present during evaluation and treatment.
- Appropriate attire must be worn in the athletic training room. This includes shorts and a tank top during evaluation or treatment.
- No electronic devices are to be used in the athletic training room unless for clinical purposes.
- Photos/videos will only be taken with prior written informed consent. Consent must be from a parent or legal guardian if the student is a minor.
- Student-athletes should expect that the athletic trainer will conduct themselves in a professional manner that is consistent with the NATA Code of Ethics, BOC Standards of Professional Practice, and Panorama Orthopedics and Spine Center Standards of Conduct.

ATHLETIC TRAINING ROOM RULES



- No cleated or spiked shoes are allowed in the athletic training room.
- No shoes of any type are allowed on the taping table.
- The use of profane language will not be tolerated.
- Ask first to use the phone.
- A shirt and shorts are required at all times.
- Ask an athletic trainer to prepare any type of treatment (ice bags, heat packs, band-aids, etc.).
- Equipment of any type is not to leave the athletic training room without the athletic trainer's permission.
- Consider the athletic training room closed when the athletic trainer is not present.
- "Please" and "Thank You" is not required, but is very much appreciated.