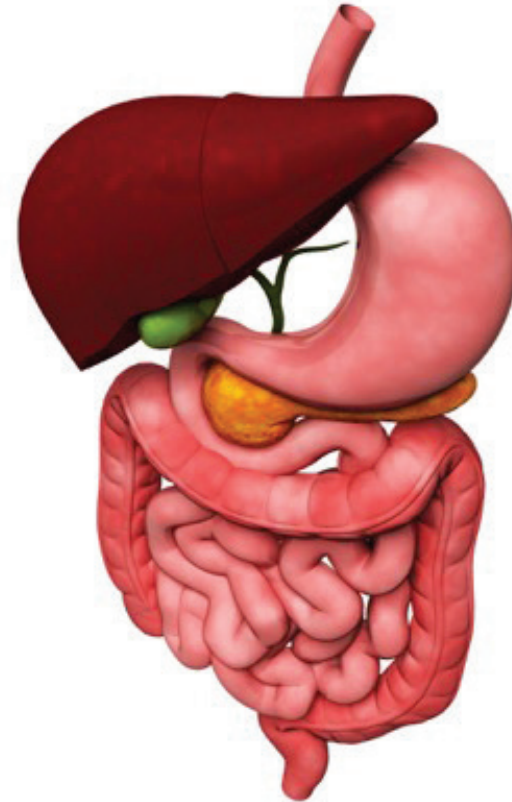


ABDOMINAL INJURIES

IDENTIFICATION AND TREATMENT

Treatment

Refer to physician immediately
for complete evaluation



Chris Mathewson
Head Athletic Trainer
cmathewson@dcsdk12.org
303-387-4111

Spleen Contusion

- Possible rupture
- Severe blow to abdomen
- Nausea, vomiting, pale skin
- Kehr's sign
- Abdominal rigidity

Liver Contusion

- Severe blow to abdomen
- Nausea, vomiting
- Shock
- Abdominal rigidity

Kidney Contusion

- Blow to side or side/back
- Associated backache
- Nausea, vomiting
- Shock
- Blood in urine
- Rigidity of back muscles