



All Time Top 10



Boys 5k

1. Nick Lawson	15:54	2014	St. Olaf (State Meet)
2. Chris Lawson	15:56	2011	Mankato-Minneopa Golf Course
3. Andrew Hoffmann	16:20	2007	St. Olaf (State Meet)
4. Michael Rosenberg	16:32	2011	Battle Creek (Conference)
5. Matt Januszewski	16:38	2002	Goodrich Golf Course (Sections)
6. Cole Grotting	16:56	2013	Anoka HS (Sections)
7. Alex Gulachek	17:01	2011	Mankato-Minneopa Golf Course
8. Dan Johnson	17:10	2008	Battle Creek (Conference)
9. Ben Foley	17:20	2008	Battle Creek (Conference)
10. Nate Dropik-Landwehr	17:21	2015	Battle Creek (Conference)

Girls 4k*

1. Melissa Marsh	15:13	2013	Anoka HS (Sections)
2. Greta Ganley	15:24	2004	St. Francis – The Ponds Golf Course
3. Riley McGinnity	15:37	2012	Les Bolstad (Sections)
4. Allie Picard	15:46	2010	Battle Creek (Sections)
5. Claire Bedore	16:11	2013	Anoka HS (Sections)
6. Camille LaBerge	16:29	2010	Battle Creek (Sections)
7. Andrea Larsen	16:33	2009	Battle Creek (Sections)
8. Elena Forsline	16:33	2014	Anoka HS (Sections)
9. Monika Buelte	16:37	2012	Battle Creek (Conference)
10. Rebekah LaBerge	16:39	2004	Goodrich Golf Course (Sections)

*Records go back to 1994 (Girls races were 3.2k until the 1994 season)

Girls 5k*

1. Samantha Solboe	20:28	2018	Anoka HS (Sections)
2. Melissa Marsh	20:47	2013	Les Bolsted GC (Griak)
3. Natalie Zielsdorf	20:49	2018	Anoka HS (Sections)
T- 4. Allie Picard	21:07	2010	Les Bolsted GC (Griak)
T -4. Zofia Smith	21:07	2016	Anoka HS (Sections)
6. Elena Forsline	21:10	2015	Anoka HS (Sections)
7. Kathryn Skinner	21:11	2018	Anoka HS (Sections)
8. Anna Manson	21:24	2017	Anoka HS (Sections)
9. Laura Carter	21:33	2018	Anoka HS (Sections)
10. Emery Hutchison	21:37	2018	Battle Creek Park (Conference)

*5k races became standard distance for girls in 2015. Prior to 2015 only the Roy Griak meet was a 5k.

-St. Anthony Cross Country was a Co-Op program with Spring Lake Park through the 2006 season.