## St. Anthony Village High School Bowling Team

## Elsie's Bowling Center is a proud sponsor of the St. Anthony Village High School bowling team.



## GoBowlingMinnesota.com









If you are a St. Anthony Village student in  $7^{th} - 12^{th}$  grade who likes to bowl and has the desire to become a better bowler, then the bowling team may be a good fit for you! Interested in learning more?

## Contact Lynn Anderson by email at landerson7171@gmail.com

• Bowling is a club sport. Bowlers are eligible to receive varsity club letters.



- Beginners welcome.
- High School Bowling is a fall co-ed sport. Students in grades 7 12 are eligible to participate.
- It is the opinion of many that Minnesota High School Bowling is one of the best-organized club programs in the state. The fall co-ed league will likely feature more than 100 varsity teams and more than 120 junior varsity teams, with more than 1425 students competing across the state.
- Minnesota High School Bowling competition features the baker-system. Five bowlers each bowl two frames to complete a single game in a head-to-head match with an opposing team. It is a very exciting competition format for both players & spectators.
- Minnesota High School Bowling is administered by the Bowling Proprietors Association (BPAM) and is governed by a set of rules that have been modeled after those of the Minnesota State High School League. You can learn more about High School Bowling at GoBowlingMinnesota.com.
- On average, \$220,000 in scholarship money is awarded to Minnesota youth bowlers each year!
- Bowling is an NCAA sport for women and a NAIA sport for men. More than 300 colleges & universities now field bowling teams and offer scholarships to more than 5,000 collegiate bowlers.
- Bowling can benefit a person's physical health. Many bowlers burn up to 198 calories per hour; use 134 muscles; and walk a half to a full mile over a period of three games of bowling.