

Varsity Meet Standards

<u>EVENT</u>	<u>BOYS (M)</u>	<u>GIRLS (F)</u>
3200 m Relay (4x800)	9:30	11:30
100/110 H. Hurdles	19.0	21.0
100 m Dash	12.5	14.4
800 m Relay (4x200)	1:45	2:05
1600 m Run	5:30	6:32
400 m Relay (4 x 100)	49.0	57.0
400 m Dash	60.0	70.0
300 m Hurdles	50.0	58.2
800 m Run	2:25	2:47
200 m Dash	26.0	31.5
3200 m Run	12:00	14:15
1600 m Relay (4 x 400)	3:55	4:42
High Jump	5'2"	4'4"
Long Jump	16'11"	13'2"
Triple Jump	34'4"	26'6"
Pole Vault	8'	6'6"
Shot Put	35'	24'6"
Discus	100'	70'