



# Bruins Sports Camp 2024



The Bruins welcome athletes of all ability levels in our camps. Athletes will be grouped by age and skill in their respective sports. We offer a balanced program of instruction in fundamentals and game competition. Our camp staff is comprised of Lake Braddock Secondary coaching staff, alumni, and current players.

Week One	Morning 9:00 -12:00	Afternoon 1:00 - 3:00	Evening 5:00-7:00
June 17 – 21 2024	Baseball grades 3-6	Baseball grades 3-6 Volleyball grades 6-8	Girls Basketball grades 7-10
Week Two			
June 24 -28 2024	Baseball grades 7-8	Baseball grades 7-8 Dance Grades 3-8	
Week Three			
July 1-3, 5 2024 July 4 <sup>th</sup> no camp	Baseball grades 3-6	Baseball grades 3-6	
Week Four			
July 8-12 2024	Baseball grades 7-8 Boys Basketball grades 7-12	Baseball grades 7-8	Volleyball grades 9-12
Week Five			
July 22-26 2024	Girls Basketball grades 3-6 Softball grades 6-8 Baseball grades 3-6	Baseball grades 3-6 Softball grades 6- 8	Volleyball Advanced Skills Monday - Passing Tuesday - Setting Wednesday - Hitting

## Weather Policy

In the event of inclement weather, all activities will move to an indoor location.

## What to Bring

Personal gear will not be provided. Campers should be properly equipped including all sport specific safety gear including indoor shoes. Water will be provided in large coolers, but we ask campers to bring their own water bottles.

## Grades Rising 3 - 12

Students entering grades 3 thru 12 for the 2024-2025 school year are invited to participate in the Bruins Sports Camp.

## Lunch

Campers should bring their own lunch. The concession stand will be open during lunch to purchase drinks and snacks.

## Enrollment

Sessions will have minimum enrollment requirements and the number will vary for each activity.

**BRUINS SPORTS CAMP APPLICATION:**

Child's Last Name: \_\_\_\_\_ Child's First Name: \_\_\_\_\_  
 Parent/Guardian's Name: \_\_\_\_\_ Parent/Guardian's Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_ Age: \_\_\_\_\_ Rising Grade: \_\_\_\_\_  
 School: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ *(To receive important information on camp updates)*

**ACCIDENT INSURANCE INFORMATION:**

*This must be completed to attend. All campers must provide insurance coverage for any injury or sickness while attending the Bruins Sports Camp.*

We hereby waive and release Bruins Sports Camp from any injury or illness incurred going to camp, while attending camp, or returning home from camp. I hereby give permission for emergency medical treatment in the event I cannot be reached.

Name of Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

**Camp choices**

	Morning Camp 9:00-12:00	Afternoon Camp 1:00 – 3:00	Evening Camp 5:00 – 7:00	Total
Week one	185	125	125	\$
Week two	185	125		\$
Week three (4-days)	150	100		\$
Week four	185	125		\$
Week five	185	25 per session*		\$
			<b>TOTAL</b>	\$

Step one – you will register your camper for camp sessions using this google form. Beginning by 2/9/2024

Step two – you will be invoiced for camp when the session has filled. The easiest way to pay for your camps is at [www.myschoolbucks.com](http://www.myschoolbucks.com). If you would rather pay by check or with cash, you can mail your payment or drop it off in the main office in an envelope with Attn: Paul Agner.

**Mail completed forms:**

Bruins Sports Camp  
 Attn: Paul Agner  
 9200 Burke Lake Rd  
 Burke, VA 22015

Questions? Email Paul Agner, [peagner@fcps.edu](mailto:peagner@fcps.edu).