



Lake Braddock Secondary School

9200 Burke Lake Rd.

Burke, VA 22015



Kristyn Wharton, MS, ATC, LAT
571-253-5094

Brittany Arndt, MS, ATC, LAT
443-465-8068

EMS: 911

EMS First Responder: Burke Volunteer Fire & Rescue Dept.; on site for home football games only

EMS Entrance/Directions: Turn right on Burke Lake Rd. Turn left on Lake Braddock Dr. Take second right to enter the back entrance of the school across from Mersea Ct. Turn left and continue until you hit the round-about. Follow the access road to the left of the parking lot, go past the tennis courts, and arrive at the stadium. A school employee will meet EMS at the gate and escort to the field.

MD: Dr. Suzanne Walters (OrthoBethesda – Washington Sports Medicine Institute)

Game Managers: As Assigned by Activities Office

AED/Crutches/Splints: Home Sideline

Water/Refills: We will provide a 45-gallon mobile cow filled w/ ice water, located at the 50-yard line behind the benches; refills as needed

Injury Ice: We will provide a 7-gallon cooler full of injury ice, along with some bags on your sideline; refills as needed

Athletic Training Room: Door #10, backside of the school, just before the round-about

Restrooms: Locker Rooms or Porta-Johns surrounding the field

Administrative and Relevant Staff:

Principal: Lindsey Kearns

DSA: Janice Pritchett

ADSA: Paul Agner

ATC's: Kristyn Wharton & Brittany Arndt

Head VFB Coach: Mike Dougherty

SRO: **Officer Gus Cabrera**

Nearest Hospital-Based ER:

Inova Fairfax Hospital (Trauma 1)

3300 Gallows Rd, Falls Church VA 22042

Nearest Stand-Alone ER:

Inova ER – Fairfax

4315 Chain Bridge Rd, Fairfax VA 22030

Nearest Urgent Care:

Inova Urgent Care – West Springfield

6230 Rolling Rd #J, Springfield VA 22152 (Closes at 8pm)