



MSHSAA Class 3 District 4 Championship MSHSAA Class 4 District 4 Championship



Date: Saturday, May 13th, 2023

Location: North Point High School, 2255 W. Meyer Rd. Wentzville, MO. 63385

Coaches Meeting: 08:30 AM in the cafeteria (across the parking lot from the track)

Meet Officials:

- Michael Parsons - C4 Meet Starter/Referee
- Jeff Anderson - C3 Meet Starter/Referee
- Norman Rescot - C3/C4 Head Field Event Judge
- Jan McCoy
- Rick Fruend
- Elizabeth Wallace

Timers/Finish Line: TRXC Timing - Denise Schilling denise@trxctiming.com

District Entries: All District Entries must be submitted on [Milesplit](#) by **12:00 PM on Tuesday, May 9th.**

*** If a school has more than two (2) entries in an individual event at the District Championship Meet, then all entries must meet the Qualifying Standards and all performances must be certified as having been achieved in a regular season meet. The meet performance certification below must be emails to Lou Mazzocco (lou@mshsaa.org) no later than **4:00 PM on Monday, May 8th.**

[District Qualifying Standards](#)

[Meet Performance Certification](#)

Pass List Deadline: All schools should submit their district pass list by **11:00 AM on Thursday, May 11th.** Anyone not on the pass list will be required to pay full admission.

Infield Guidelines: We will have 50 yards marked off on the north side of the field designated for team warm-ups. Coaches please assist us in notifying your athletes not to set up camp on the infield. The only athletes west of the 50 yard line are those that are in the bullpen. Coaching boxes and restricted areas will be finalized once the games committee is official.

Meet Support & Field Event Judges: We are hoping to have a number of athletes, parents, volunteers and paid support staff to assist with field events. However, it is in every program's best interest that we assign coaches as Field Event Judges for the Championship Meet. We have staggered the field events in such a way that will allow us to assign Class 3 coaches to assist with Class 4 field events and Class 4 coaches to assist with Class 3 field events. This ensures that we are not asking any coaches to officiate a field event when their athletes are in competition.

- **Class 3 coaches**, please complete the [Meet Support/Field Event Judge](#) document (Class 4 Field Events).
- **Class 4 coaches**, please complete the [Meet Support/Field Event Judge](#) document (Class 3 Field Events).
 - *We hope to be able to confirm work assignments by the end of the week.*

Meet Schedule: There are two separate schedules below. One for Class 3 and another for Class 4. Please double check which schedule you are looking at. The meet schedule has been reviewed by our timer, our officials and (3) schools from each class prior to finalization. However, still feel free to let me know if you have any questions, comments or concerns.

Additional Points of Emphasis (*items that are not commonly enforced at non-championship meets*):

1. Contestants in the field events are solely responsible for reporting immediately when the event is announced. Contestants who fail to report prior to the clerk of the course closing the entries in the running events or after the judge starts competition in the field events, shall not be allowed to participate in that event.
2. If a contestant is officially entered into five or more individual events, they will be scratched from the excess event, starting from the bottom of the order of events and working upward, until they become legal. If the excess event is a field event the athlete will be scratched from the last occurring field event entered.
3. The meet referee has the sole authority to determine if a re-run is necessary and to designate who is eligible to compete in the re-run. This is not at the discretion of the Games Committee.
4. The starting heights for the pole vault and high jump will be determined by the games committee.
5. The “five-active or five-alive procedure,” will be used in conducting the high jump and the pole vault, until there are less than 9 competitors remaining.
6. Throwing Events: Run in flights with a maximum of twelve (12) competitors per flight
7. Javelin Measurement: If the javelin should land flat, the location of the back edge of the grip, at the time of landing, should be used to measure.
8. Horizontal Jumps: Run cafeteria style, However, athletes must notify the event judge that they will be leaving for another event. The judge will record the time that the athlete is excused to compete. The judge informs the athletes of the time limitations involved (20 minutes). It is the coach’s responsibility to inform his or her athlete of this rule.
9. Nine (9) competitors shall advance to the finals, when there is a tie for 9th place, those tied competitors shall both advance. Finals will start immediately after the finalists are declared and announced. *Athletes will be allowed to warm-up and re-measure marks at the conclusion of the preliminaries.
10. Tie Breaking Procedures for the Determination of Advancing Qualifiers:
 - a. **General:** In the event of a tie for 1st Place and the last qualifying position, apply the National Federation tie-breaker system. If a tie still remains, a run-off, jump-off, or throw-off, shall be conducted.
 - b. **Running Events:** When the FAT system allows, all places and qualifiers for subsequent rounds shall be broken by taking the recorded time out to 1/1000 of a second. A tie for a qualifying position without FAT capable of 1/1000 of a second shall be conducted between heats of the 4x800 relays. A run-off for a final qualifying position will take place 30 minutes after the final running event of the meet.
 - c. **Field Events:** In the pole vault and high jump (after applying the first two steps of the National Federation tie-breaker system) if the tie still remains, the tie-breaking procedure for first place will be used, in vertical jump events. Tie breaking competition should be held at the conclusion of the field event. Jump Off: High Jump – 2cm Pole Vault – 7cm
 - i. The jump-off or throw-off for 1st place is considered part of the event.
 - ii. The jump-off or throw-off for the 4th qualifying position is contested after the event is completed.

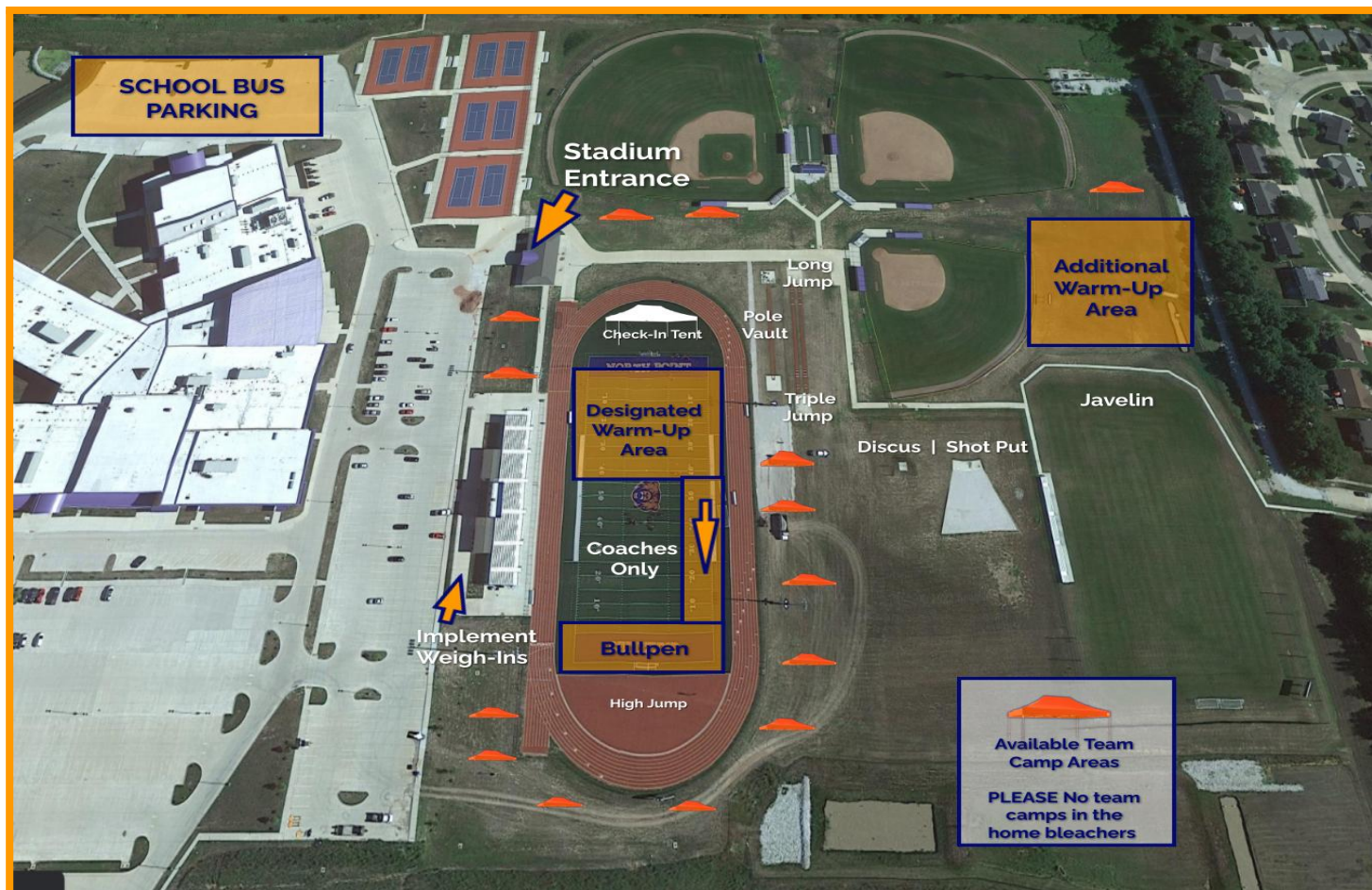
***All additional points of emphasis above were recorded verbatim from the 2022/23 MSHSAA Handbook.**

CLASS 3 DISTRICT 4 RUNNING EVENT TIME SCHEDULE

Time	Event	
8:30 AM	Coaches Meeting	In Cafeteria
9:00 AM	100m Hurdles (Girls)	Prelims
9:20 AM	110m Hurdles (Boys)	Prelims
9:40 AM	100 Meters (Girls)	Prelims
10:00 AM	100 Meters (Boys)	Prelims
10:25 AM	4 x 800m Relay (Boys)	Finals
10:55 AM	4 x 800m Relay (Boys)	Finals
11:25 AM	200 Meters (Girls)	Prelims
11:45 AM	200 Meters (Boys)	Prelims
12:15 PM	100m Hurdles (Girls)	Finals
12:25 PM	110m Hurdles (Boys)	Finals
12:35 PM	100 Meters (Girls)	Finals
12:45 PM	100 Meters (Boys)	Finals
12:55 PM	4 x 200m Relay (Girls)	Heats Against Time
01:05 PM	4 x 200m Relay (Boys)	Heats Against Time
01:15 PM	1600 Meters (Girls)	Heats Against Time
01:35 PM	1600 Meters (Boys)	Heats Against Time
01:55 PM	4 x 100m Relay (Girls)	Heats Against Time
02:05 PM	4 x 100m Relay (Boys)	Heats Against Time
02:15 PM	400 Meters (Girls)	Heats Against Time
02:35 PM	400 Meters (Boys)	Heats Against Time
03:00 PM	300m Low Hurdles (Girls)	Heats Against Time
03:20 PM	300m Int. Hurdles (Boys)	Heats Against Time
03:40 PM	800 Meters (Girls)	Heats Against Time
04:00 PM	800 Meters (Boys)	Heats Against Time
04:20 PM	200 Meters (Girls)	Finals
04:30 PM	200 Meters (Boys)	Finals
04:45 PM	3200 Meters (Girls)	Final
05:15 PM	3200 Meters (Boys)	Final
05:45 PM	4 x 400m Relay (Girls)	Heats Against Time
06:05 PM	4 x 400m Relay (Boys)	Heats Against Time

CLASS 3 DISTRICT 4 FIELD EVENT TIME SCHEDULE

Time	Event	Gender	Class
09:00 AM	Pole Vault	Girls	Class 3
	Shot Put	Girls	Class 3
	Javelin	Girls	Class 3
	Triple Jump	Girls	Class 3
	Discus	Boys	Class 3
	Long Jump	Boys	Class 3
	High Jump	Boys	Class 3
Time	Event	Gender	Class
02:00 PM	Pole Vault	Boys	Class 3
	Shot Put	Boys	Class 3
	Javelin	Boys	Class 3
	Triple Jump	Boys	Class 3
	Discus	Girls	Class 3
	Long Jump	Girls	Class 3
	High Jump	Girls	Class 3



CLASS 4 DISTRICT 4 RUNNING EVENT TIME SCHEDULE

Time	Event	
8:30 AM	Coaches Meeting	In Cafeteria
9:10 AM	100m Hurdles (Girls)	Prelims
9:30 AM	110m Hurdles (Boys)	Prelims
9:50 AM	100 Meters (Girls)	Prelims
10:10 AM	100 Meters (Boys)	Prelims
10:40 AM	4 x 800m Relay (Boys)	Finals
11:10 AM	4 x 800m Relay (Boys)	Finals
11:35 AM	200 Meters (Girls)	Prelims
11:55 AM	200 Meters (Boys)	Prelims
12:20 PM	100m Hurdles (Girls)	Finals
12:30 PM	110m Hurdles (Boys)	Finals
12:40 PM	100 Meters (Girls)	Finals
12:50 PM	100 Meters (Boys)	Finals
01:00 PM	4 x 200m Relay (Girls)	Heats Against Time
01:10 PM	4 x 200m Relay (Boys)	Heats Against Time
01:25 PM	1600 Meters (Girls)	Heats Against Time
01:45 PM	1600 Meters (Boys)	Heats Against Time
02:00 PM	4 x 100m Relay (Girls)	Heats Against Time
02:10 PM	4 x 100m Relay (Boys)	Heats Against Time
02:25 PM	400 Meters (Girls)	Heats Against Time
02:45 PM	400 Meters (Boys)	Heats Against Time
03:10 PM	300m Low Hurdles (Girls)	Heats Against Time
03:30 PM	300m Int. Hurdles (Boys)	Heats Against Time
03:50 PM	800 Meters (Girls)	Heats Against Time
04:10 PM	800 Meters (Boys)	Heats Against Time
04:25 PM	200 Meters (Girls)	Finals
04:35 PM	200 Meters (Boys)	Finals
05:05 PM	3200 Meters (Girls)	Final
05:30 PM	3200 Meters (Boys)	Final
05:55 PM	4 x 400m Relay (Girls)	Heats Against Time
06:15 PM	4 x 400m Relay (Boys)	Heats Against Time

CLASS 4 DISTRICT 4 FIELD EVENT TIME SCHEDULE

Time	Event	Gender	Class
11:30 AM	Pole Vault	Girls	Class 4
	Shot Put	Girls	Class 4
	Javelin	Girls	Class 4
	Triple Jump	Girls	Class 4
	Discus	Boys	Class 4
	Long Jump	Boys	Class 4
	High Jump	Boys	Class 4
Time	Event	Gender	Class
4:30 PM	Pole Vault	Boys	Class 4
	Shot Put	Boys	Class 4
	Javelin	Boys	Class 4
	Triple Jump	Boys	Class 4
	Discus	Girls	Class 4
	Long Jump	Girls	Class 4
	High Jump	Girls	Class 4

