



Cheerleading

2019-2020

2017 5A STATE CHAMPIONS - 2018 UCA Medium D1 Finalists - 2018 5A State Runner Up

Contact Coach Kelsey Rauh via Email:

cherokeetrailcheer@gmail.com



@CTcheer



@CherokeeTrailCheer

Tryout Prep Clinic Schedule (Cost: \$10.00 per clinic)

March 14th: 6:00-7:30 pm

March 28th: 6:00-7:30 pm

April 4th: 6:00-7:30 pm

April 11th: 6:00-7:30 pm

Tryout Dates:

February 1: All Paperwork Available Online and In Athletic Office

April 11th: ALL Paperwork and Payments Due

April 15th-18th @ Cherokee Trail: 4:30-6:30 pm

April 19th @ Cherokee Trail: 4:30-9:00 pm

April 19th 9:00 pm: Team Announcement via Email and All Social Media

Other Important Mandatory Dates:

Pre-tryout Meeting: April 10th

- New to program: 6:30-7:30 pm
- Returning to program: 5:30-6:30 pm

Post-tryout Meeting: April 22nd

- JV: 6:30-7:30 pm
- Varsity: 5:30-6:30 pm

Summer Commitment and Travel Dates:

VIROC Summer Camp:

June 17th-20th (Estes Park, CO)

Summer Break (Please plan travel during this time):

July 1st-July 14th

Tryout Expectations:

What skills will be evaluated?

- Motions – we are looking for strong, tight motions that are properly placed in a cheer and fight song
- Jumps – we will be evaluating the toe touch, pike and a 3 jump combination
- Tumbling –
 - JV and below: we will be evaluating the strongest tumbling skill
 - Varsity: we will evaluate the standing back handspring, stand tuck, round off back handspring tuck and any skills above that are encouraged and highly recommended
- Stunting – we will evaluate your ability to learn correct stunting technique

What qualities will be evaluated?

- Academic eligibility
- Teacher evaluations
- Ability to learn and retain new material
- Ability to make corrections quickly and permanently
- Ability to work with others
- Adherence to the team, CHSSA, and National Federation Spirit Rules and knowledge of the team handbook
- Athletes with a great attitude with a strong desire to work hard!