

2021-2022 Cheer Tryouts

What:

Tryouts for the 2021-2022 BSHS Varsity Cheerleading Squad!

Where:

The Bonner Springs High School Gym!

When:

Practices: April 5, 7&8 7:30-9:00

Tryouts: April 9 4:00-Finished

Who:

Any male or female wanting to be a part of the cheerleading squad!

Tryout Requirements:

Tryout candidates will be required to complete a spirited entrance, one cheer, one band dance, and three jumps. The cheer and band dance will be posted on the Google Classroom on the first day of tryouts (April 5). The material will be taught in person on all three days. If you cannot attend one of the days of tryouts, please let Coach Hadley know. If you can tumble, you will demonstrate this during the spirited entrance. Each tryout candidate needs to have at least four teacher evaluations submitted from four **different, current teachers**. These will be sent out online by coaches. There will be no spectators.

- Please wear a solid color t-shirt, athletic shorts, and tennis shoes to tryouts (April 9th). Hair should be in a pony tail at all times! NO BOWS!

Google Classroom Code:

5eaonuw

or email Coach Hadley to be invited!

Estimated Cost for New Members

Poms	\$30
Warm-Ups	\$150
Shoes	\$55
T-Shirt/s	\$20
Estimated Total	\$255

These costs are an estimate and will be finalized ASAP. There is not currently a payment timeline, but we will be working to create one ASAP. We will NOT be attending camp this year.

Example Tryout Score Sheet

Spirited Entrance

Tumbles? Yes No

Yes No

Facials/Spirit

____/10

Crowd Interaction

____/10

Jumps

Technique (pointed toes, sharp motions, etc.)

____/10

Height

____/10

Execution (landing with feet together, chest up, etc.)

____/10

Cheer

Voice (low, cut words, etc.)

____/10

Motion Technique (correct placement, sharp, etc.)

____/10

Knowledge/Coordination

____/10

Band Dance

Motion Technique (correct placement, sharp, etc.)

____/10

Knowledge/Coordination

____/10

Dance Technique (on beat with music, etc.)

____/10

Overall Impression

Spirit (smiling, motions, word choice, etc.)

____/10

Overall Impression

____/10

Comments:

Total ____/130

Tryout Timeline

Monday.

- In-Person

Practice @ 7:30

- Signed Sheets

Due

Wednesday.

- In-Person

Practice @ 7:30

Thursday.

- In-Person

Practice @ 7:30

- Interviews

Friday.

- Tryouts @ 4:00

- Doors open at
3:30 for warm-
ups/practice

Commitment

Practices:

Summer practices will begin in June. Dates and times are undecided, but we will have approximately 3-4 practices a week lasting 1.5-2 hours. During football season, the cheer squad will meet on Mondays, Wednesdays, and Thursdays for approximately 1.5-2 hours. During basketball season, we meet on Mondays and Thursdays for approximately 1.5 hours.

Games:

Cheer squad members will be expected to attend all home and away varsity football games, and all home and away varsity basketball games. Football games are usually on Friday nights, and basketball games are usually on Tuesdays and Fridays.

Other:

Cheerleaders may be required to attend other commitments throughout the year. These could include fundraising opportunities, senior nights, run-through/sign decorating nights, school related events, etc. Cheerleaders will be notified in advance that they will be attending these events.

Other Athletics:

As of right now, cheerleaders are able to participate in powerlifting, track, soccer, swimming, golf, and softball through the school and still meet the time commitment of being a cheerleader.

If you have any questions, email Coach Hadley at mikkelsonh@usd204.net or Coach Spencer at spencerm@usd204.net.

Acknowledgement

I _____ acknowledge the commitment requirements for becoming a member of the Bonner Springs High School cheer squad. Coach Hadley, Coach Spencer, and Mr. Hitchcock reserve the right to change these requirements as needed.

This page should be signed and returned to Coach Hadley by the first day of tryouts. Cheerleaders will not be able to participate in tryouts until this page is returned!

- Please return to Coach Hadley by the first day of tryouts!

Experience and Consent

Tryout Participant Information

Name: _____

Grade: _____

Cheer Experience: _____

Dance Experience: _____

Tumbling Experience: _____

Why do you want to be a BSHS cheerleader?

The purpose of providing the following information is to ensure a safe tryout process. In no way will the following information affect the results of tryouts.

Relevant Past Injuries/Illnesses: _____

Medications/FYIs: _____

Which two stunting positions would you be willing to do? Base Fly Back

Would you like to tryout for a captain position (returners only)? Yes No

Parent/Guardian Information/Consent

Name: _____ E-Mail: _____

Phone: _____ Signature: _____

As the parent/guardian of _____, I hereby give my consent and permission for my student to participate in the 2021 BSHS Cheer tryouts. This includes recognizing the risk of injury involved and agree to assume the liability/responsibility in said participation. I release the Bonner Springs School District from any claims and liability arising from participation.