

April 14th, 2023

Student-Athletes of the Month

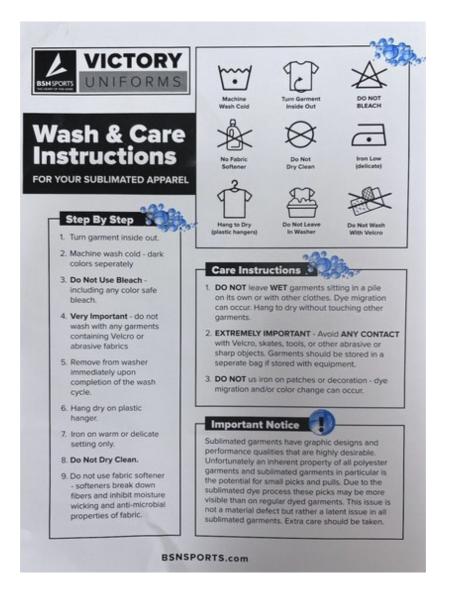


Congratulations to our Student-Athletes of the Month for January:

- Jordan Swift (ACS senior)
- Jeremiah Robbins (PCS junior)
- Nataley Patoine (PCS 7th grader)
- Evan Campbell (PCS senior)
- Emma Carlton (PCS junior)

These are just some of the student-athletes who have had a huge impact on their teams. Keep working hard, Titans!

Uniform Washing Instructions



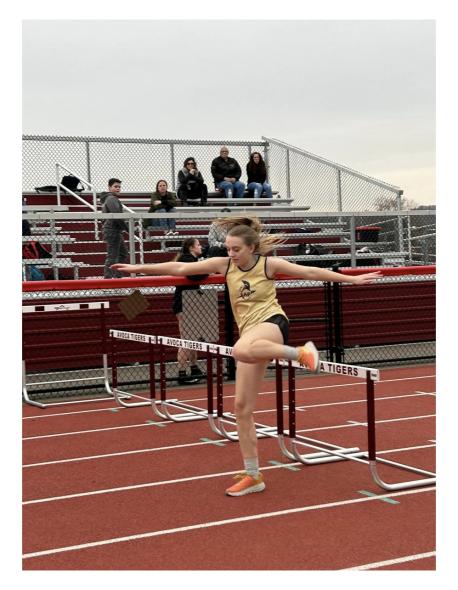
A reminder of the washing instructions for our uniforms - please help us keep these brand new uniforms looking fresh and clean for our student-athletes!

Online Baseball Team Store

Click the logo to navigate to the online team store. The store closes on 04/18 at midnight and iterative to your



Picture of the Week



Avoca senior, Bella Crane, touches ground during the 400m hurdle at Tuesday's opening track meet.

Next Week's Athletic Schedule

Click the links below for a schedule that contains details about times for practices, contests, and transportation. Remember, this schedule is a live document that will be edited regularly; rather than printing this out, and not seeing those changes, plan to visit this schedule often!



<u>CLICK HERE</u> for this week's schedule. <u>**CLICK HERE**</u> for next week's schedule.

There's a lot to digest in each weekly schedule, so feel free to reach out to a coach or Mr. Delles for clarification.

